

October 7, 2013

Dear Families:

We have now completed our skill on 'Waiting Your Turn.' The class did very well with this skill and we continue to work on 'Listening', 'Following Directions', and 'Interrupting'. We started a special reward system in our class for students that try their hardest not 'Interrupting'.

Our next social skill is 'Accepting No'. This can be a difficult skill for children and we are sure you can reinforce this at home. On the back you will find the 'Accepting No' skill along with the steps the students learn regarding how to apply 'Accepting No'. Please reinforce these steps at home to help your child make the connection from home to school. Not every skill applies to each child; however, we teach them as a class so students can support one another in using the steps properly. If you have any questions please do not hesitate to ask.

Sincerely,
Ms. DeSoucey
Ms. Marks

Skill this Week



Skill 39: Accepting No

STEPS

1. Stop and think.

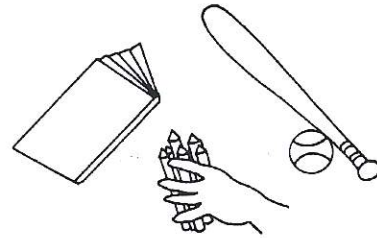
Discuss the possible reasons children might be told no in various situations.



2. Choose.

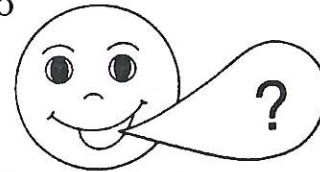
a. Do something else.

Discuss the fact that, even though you are told you can't do or have something, you can still have fun by doing something else.



b. Ask to talk.

Stress that children can use Asking to Talk (Skill 23) if they do not understand the reason for being told no. However, point out that Using Nice Talk (Skill 2) is very important, or the parent or teacher may interpret their questions as arguing. Discuss that the goal of asking is to better understand the adult's decision, not to have the adult change the decision.



3. Do it.

Children should make one of these choices.



SUGGESTED SITUATIONS

School: A teacher tells you that it's time to do art and that you can't have free play.

Home: A parent tells you that it's too late to go to a friend's house to play or that you can't get a toy at the grocery store.

Peer group: A friend tells you that he can't play today or won't let you play with one of his toys.